

# Here to support your egg freezing experience

What to ask your fertility team as you consider egg freezing

**You've done your research, had your consultations, weighed the pros and cons, and decided that now's the time to freeze your eggs.**

**You're nearly there, but you may have some remaining questions—and that's perfectly normal!**



## Questions about egg freezing

- Do I need to make any lifestyle changes prior to the start of the process?
- How long will the process take from start to finish?
- How will I know if it's working and things are progressing as they should?
- What does egg retrieval entail and what comes after?



## Questions about MENOPUR

- When does MENOPUR come into play?
- What exactly is ovarian stimulation?
- How does MENOPUR work?
- Is MENOPUR well-studied?
- What makes MENOPUR different from other ovarian stimulation options?
- How do I know if my body is responding as expected?



## Questions about the future of your eggs

- What is the process for storing my eggs?
- How long will my eggs remain viable?
- Will my eggs be periodically checked for quality after freezing?
- If I decide to use my eggs later, what does that process look like? How do we proceed?

Your experience with *your eggs* is defined by *your voice*.

## MENOPUR® (menotropins for injection)

MENOPUR® (menotropins for injection) is a prescription medicine that contains hormones. MENOPUR contains follicle stimulating hormone and luteinizing hormone activity. These hormones stimulate healthy ovaries to make eggs. MENOPUR is used for women who need medical help to get pregnant. Your doctor may prescribe more than one medicine as part of a pregnancy plan.

## Important Safety Information

- Do not use MENOPUR if you: have ovaries that are not able to make eggs even with the use of hormones, are pregnant or think you may be pregnant, have problems with your thyroid gland or adrenal gland that are not controlled by taking medicine, have tumors in your female organs (including breasts), have a tumor of your pituitary gland or any other tumor in your brain, or have heavy or irregular vaginal bleeding and the cause is not known. Do not use MENOPUR if you have a known previous allergic reaction to these medications.

**Please see the complete Important Safety Information on the next page.**

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- MENOPUR may cause serious side effects. They sometimes stimulate the ovaries too much. This is called ovarian hyperstimulation syndrome (OHSS) and can be a serious medical problem. OHSS may cause pelvic pain or breathing problems, or it may make you urinate less. In rare cases, patients with this problem have had serious lung problems. MENOPUR can also cause blood clots and strokes. Call your doctor or get medical help right away if you have: severe pelvic pain, nausea, vomiting, diarrhea, sudden weight gain, trouble breathing, or decreased or no urination.
- MENOPUR may cause pregnancies with twins or more than two babies at the same time, miscarriages, birth defects, and pregnancies located outside the uterus.
- Do not use MENOPUR if you are nursing.
- The most common side effects with MENOPUR are headache, stomach pain, and upset stomach. Sometimes there is an injection-site reaction that can cause bruising, pain, or redness.

These are not all the possible side effects of MENOPUR. For more information, ask your healthcare provider or pharmacist.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. You may report side effects to FDA at 1-800-FDA-1088, or you can call Ferring Pharmaceuticals at 1-888-FERRING.

**Please see full Prescribing Information, including Patient Information, for MENOPUR at [www.MENOPUR.com](http://www.MENOPUR.com).**