

With you from start to finish

Where to turn and what to ask throughout your in vitro fertilization (IVF) experience

Asking the right questions early on can help you feel more confident and in control. This guide is designed to help you explore treatments like MENOPUR® (menotropins for injections) and better understand your personal path with IVF.



Preparing for IVF

- What are your clinic's success rates with IVF for someone my age and diagnosis?
- Are there any lifestyle changes I should make before starting IVF?
- Is there anything I can do before starting treatment to increase egg quality or quantity?



The IVF process

- Walk me through your clinic's IVF process. What can I expect from start to finish?
- How many embryos do you aim for before doing a transfer?
- How is the quality of an embryo determined before implantation?
- How will you determine the number of IVF cycles needed?



Me and MENOPUR: Here to support your path to success

Your fertility specialist will prescribe the treatment they believe is best for you. If that's MENOPUR—or you're considering it—these questions can help you learn more about it.

- How is MENOPUR different from other treatments?
- How does MENOPUR affect egg quality and quantity?
- What other medications will you prescribe, and how do they work together?
- What are possible side effects of MENOPUR?
- How do you tailor dosage to improve success rates with MENOPUR?

When you take control of *the conversation*, you take control of *your IVF experience*.

MENOPUR® (menotropins for injection)

MENOPUR® (menotropins for injection) is a prescription medicine that contains hormones. MENOPUR contains follicle stimulating hormone and luteinizing hormone activity. These hormones stimulate healthy ovaries to make eggs. MENOPUR is used for women who need medical help to get pregnant. Your doctor may prescribe more than one medicine as part of a pregnancy plan.

Important Safety Information

- Do not use MENOPUR if you: have ovaries that are not able to make eggs even with the use of hormones, are pregnant or think you may be pregnant, have problems with your thyroid gland or adrenal gland that are not controlled by taking medicine, have tumors in your female organs (including breasts), have a tumor of your pituitary gland or any other tumor in your brain, or have heavy or irregular vaginal bleeding and the cause is not known. Do not use MENOPUR if you have a known previous allergic reaction to these medications.

Please see the complete Important Safety Information on the next page.

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- MENOPUR may cause serious side effects. They sometimes stimulate the ovaries too much. This is called ovarian hyperstimulation syndrome (OHSS) and can be a serious medical problem. OHSS may cause pelvic pain or breathing problems, or it may make you urinate less. In rare cases, patients with this problem have had serious lung problems. MENOPUR can also cause blood clots and strokes. Call your doctor or get medical help right away if you have: severe pelvic pain, nausea, vomiting, diarrhea, sudden weight gain, trouble breathing, or decreased or no urination.
- MENOPUR may cause pregnancies with twins or more than two babies at the same time, miscarriages, birth defects, and pregnancies located outside the uterus.
- Do not use MENOPUR if you are nursing.
- The most common side effects with MENOPUR are headache, stomach pain, and upset stomach. Sometimes there is an injection-site reaction that can cause bruising, pain, or redness.

These are not all the possible side effects of MENOPUR. For more information, ask your healthcare provider or pharmacist.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. You may report side effects to FDA at 1-800-FDA-1088, or you can call Ferring Pharmaceuticals at 1-888-FERRING.

Please see full Prescribing Information, including Patient Information, for MENOPUR at www.MENOPUR.com.